




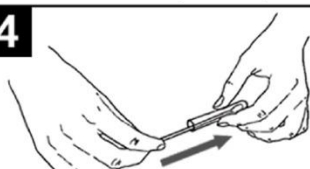
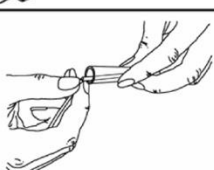
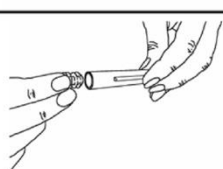
## Instructions for use of Isohelix SK-1S/MS-01 Buccal Swabs

REF SK-1S, MS-01

Intended for the retrieval of buccal cells. Single use only.



Store at room temperature. Use only if swab wrapper remains intact.

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| <p><b>Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth.</b><br/><b>For best results, rinse mouth with water immediately prior to sampling.</b></p> |   |
| <p><b>1</b></p>   | <p>Pull open the package from one end.</p>  |
| <p><b>2</b></p>    | <p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers</p>  |
| <p><b>3</b></p>   | <p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. For standard DNA collection rub for <b>1 minute</b> and in all cases rub for a minimum of 20 seconds.<br/><b>Important – use reasonable, firm and solid pressure</b></p>                  |
| <p><b>4</b></p>   | <p>Place the swab back into the tube.<br/>Do not touch the swab head with your fingers</p>  |
| <p><b>5</b></p>   | <p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>  |
| <p><b>6</b></p>   | <p>Seal the tube securely with the cap provided.</p>  |
| <p><b>7</b></p> <div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 10px;"> <p><b>Stabilise*</b></p> </div>  | <p>If the swab is to be stored for more than 1-2 days* before isolating the DNA, stabilise by <b>either</b>:</p> <ul style="list-style-type: none"> <li>1: Using Isohelix Dri-Capsules</li> <li><b>Or</b> 2: Storage at -20°C or -80°C</li> <li><b>Or</b> 3: Using Isohelix stabilisation buffer BFX</li> </ul> |

\*See <https://isohelix.com/products/dna-buccal-swab-stabilization/> for further information

**For Research Use Only**

Isohelix is a division of Cell Projects

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Molecular Biology Solutions [www.cellprojects.com](http://www.cellprojects.com)

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